



Preconference Exchange for the 3rd VdGM Forum, Jerusalem 2016

Dear Vasco da Gama friends,

We are honored and excited to announce a 3-day exchange program.

The exchange will take place in a variety of Israeli urban and rural locations during the 3 days (11-13/09/2016) prior to the Conference itself in Jerusalem (14-16/09/2016).

During this period, the participants will be hosted by local GP's and will be exposed to Israeli primary care clinics as well as to versatile Israeli culture.

During the first two days, each trainee will visit a local primary care clinic and will practice Family Medicine along with a local Family Doctor (preferably his host). After working hours the guest is free to explore and experience the local way of living, social life, traditions, and if possible meet with VdGM colleagues who are located nearby. It is worth mentioning that Sunday (day 1 of exchange) is a working day in Israel and participants traveling to the exchange are advised to fly to Israel on Saturday (or earlier).

On the 3rd day of the exchange program, all participants will meet in Jerusalem for social and light academic activities (detailed program to be published in the near future). Accommodation at hosts will be from Saturday afternoon/evening all through to Tuesday morning when each participant will make his own way to Jerusalem.

Expenses: Besides flights to Israel and back to origin, participants will have to cover costs for transportation from airport to hosts and from hosts to Jerusalem. Please note that participants will stay with hosts from Saturday through Tuesday, but accommodation for the final night before Forum starts (Tuesday 13/09) should be arranged individually by guests.

Past attendees of similar exchange program have reported this was an inspiring and enriching experience. We are looking forward to seeing you in September and proving them right.

SHALOM!

Jonathan Orrelle

3rd. VdGM Pre-conference
exchange coordinator



Overview - 3rd Forum Exchange Programme

Saturday 10th - Tuesday 13th

Saturday 10th September

Morning	Exchange Participants Arrive in Israel
Noon	Exchange Participants Travel to Hosts
Evening	Social Gathering - Regional, Optional

Sunday 11th September

Morning	Exchange Participants in Local Clinic
Noon	Exchange Participants in Local Clinic
Evening	Social Gathering - Regional, Optional

Monday 12th September

Morning	Exchange Participants in Local Clinic
Noon	Exchange Participants in Local Clinic
Evening	Social Gathering - Regional, Optional

Tuesday 13th September

Morning	Exchange Participants Travel to Jerusalem
12-16	Exchange Participants Walk/Tour Jerusalem*
16-19	Exchange Program Summary @ Forum Venue

* Location of walk/tour subject to future changes